

# The Carmel Valley Center for Oral and Maxillofacial Surgery



12264 El Camino Real, Suite 111  
San Diego, California 92130

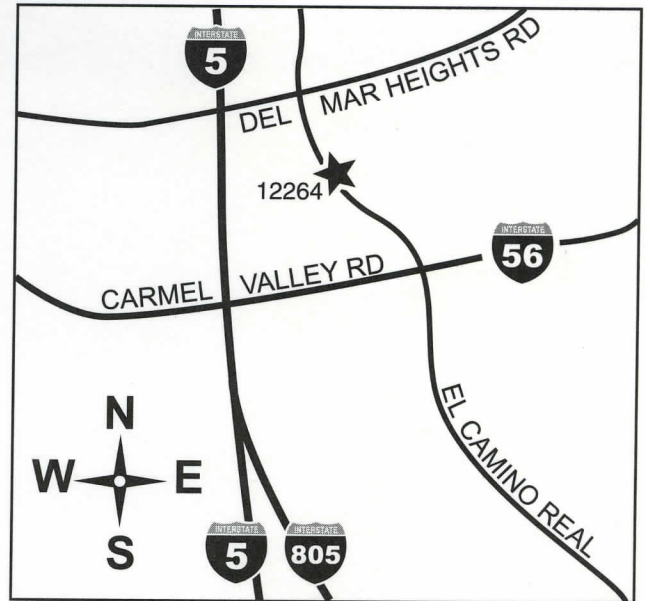
## Adel R. Tawfilis, DDS

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Diplomate of the American Board of Oral and Maxillofacial Surgery  
Assistant Clinical Professor, UCSD Division of Plastic Surgery

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### INSTRUCTIONS FOR PATIENTS HAVING SEDATION (ASLEEP)

- Do not eat or drink *anything* 8 hours before your appointment.
- Bring someone with you to drive you home.